



| | Course Dates | Registration Closes | Area | Course Details | Duration | Time |
|----------|----------------------------|--------------------------|--------|--------------------------------------|----------|---------------|
| February | Friday, 09 February 2024 | Monday, 05 February 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 15:00 |
| | Friday, 09 February 2024 | Monday, 05 February 2024 | Kitwe | BLS for Health Care providers | 1 day | 09:00 - 15:00 |
| | Saturday, 10 February 2024 | Monday, 05 February 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 10 February 2024 | Monday, 05 February 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 17 February 2024 | Monday, 12 February 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 17 February 2024 | Monday, 12 February 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| March | Friday, 15 March 2024 | Thursday, 07 March 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 15 March 2024 | Thursday, 07 March 2024 | Kitwe | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Saturday, 16 March 2024 | Wednesday, 13 March 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 14:00 |
| | Saturday, 16 March 2024 | Wednesday, 13 March 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Monday, 18 March 2024 | Saturday, 23 March 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 14:00 |
| | Monday, 18 March 2024 | Saturday, 23 March 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| April | Friday, 12 April 2024 | Monday, 08 April 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 12 April 2024 | Monday, 08 April 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 13 April 2024 | Monday, 08 April 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 13 April 2024 | Monday, 08 April 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 20 April 2024 | Monday, 15 April 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 20 April 2024 | Monday, 15 April 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |



| | Course Dates | Registration Closes | Area | Course Details | Duration | Time |
|--------|-------------------------|-----------------------|--------|--------------------------------------|----------|---------------|
| May | Friday, 10 May 2024 | Monday, 06 May 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 10 May 2024 | Monday, 06 May 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 11 May 2024 | Monday, 06 May 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 11 May 2024 | Monday, 06 May 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 18 May 2024 | Monday, 13 May 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 18 May 2024 | Monday, 13 May 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| June | Friday, 07 June 2024 | Monday, 03 June 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 07 June 2024 | Monday, 03 June 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 08 June 2024 | Monday, 03 June 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 08 June 2024 | Monday, 03 June 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 15 June 2024 | Monday, 10 June 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 15 June 2024 | Monday, 10 June 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| July | Friday, 12 July 2024 | Monday, 08 July 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 12 July 2024 | Monday, 08 July 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 15:00 |
| | Saturday, 13 July 2024 | Monday, 08 July 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 13 July 2024 | Monday, 08 July 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 20 July 2024 | Monday, 15 July 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 20 July 2024 | Monday, 15 July 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| August | Friday, 12 April 2024 | Monday, 08 April 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 12 April 2024 | Monday, 08 April 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 13 April 2024 | Monday, 08 April 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 13 April 2024 | Monday, 08 April 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 20 April 2024 | Monday, 15 April 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 20 April 2024 | Monday, 15 April 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |



| | Course Dates | Registration Closes | Area | Course Details | Duration | Time |
|-----------|------------------------|----------------------|--------|--------------------------------------|----------|---------------|
| September | Friday, 10 May 2024 | Monday, 06 May 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 10 May 2024 | Monday, 06 May 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 11 May 2024 | Monday, 06 May 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 11 May 2024 | Monday, 06 May 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 18 May 2024 | Monday, 13 May 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 18 May 2024 | Monday, 13 May 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| October | Friday, 07 June 2024 | Monday, 03 June 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 07 June 2024 | Monday, 03 June 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 14:00 |
| | Saturday, 08 June 2024 | Monday, 03 June 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 08 June 2024 | Monday, 03 June 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 15 June 2024 | Monday, 10 June 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 15 June 2024 | Monday, 10 June 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| November | Friday, 12 July 2024 | Monday, 08 July 2024 | Lusaka | BLS for Health Care providers | 1 day | 09:00 - 14:00 |
| | Friday, 12 July 2024 | Monday, 08 July 2024 | Kitwe | BLS for Health Care Providers | 1 day | 09:00 - 15:00 |
| | Saturday, 13 July 2024 | Monday, 08 July 2024 | Lusaka | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 14:00 |
| | Saturday, 13 July 2024 | Monday, 08 July 2024 | Kitwe | First Aid, Adult CPR AED, Infant CPR | 2 days | 09:00 - 15:00 |
| | Saturday, 20 July 2024 | Monday, 15 July 2024 | Lusaka | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| | Saturday, 20 July 2024 | Monday, 15 July 2024 | Kitwe | Pediatric First Aid CPR and AED | 2 days | 09:00 - 15:00 |
| December | Closed for Training | | | | | |

Advance First Aid Course:

- We require a minimum of 6 candidates to be able to present the Course
- The course runs over 5 full days Monday to Friday
- Maximum of 12 Candidates are allowed on the course

